

Saskatchewan

Anglican

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Carrying that old rugged cross

Joel Mowchenko from St. Aidan Church in Moose Jaw carries a cross up a hill in Wakamow Valley during a Lenten retreat on Feb. 28. The theme of the retreat was "Turn and follow ... Jesus," which saw participants take a short hike through the valley and

stop at several places as three passages from the Gospel of Luke were read. Retreatants were then encouraged to ponder several questions after each reading. For the full story, see the May issue.

Photo by Jason G. Antonio

Parishes receive AFC support for major reno projects

By Michelle Hauser
Anglican Foundation
of Canada

TORONTO — Three Anglican communities are receiving support in the Anglican Foundation of Canada's (AFC) Q1 2026 grants cycle, strengthening essential infrastructure that sustains worship and ministry across the province.

St. John the Evangelist, Fort Qu'Appelle — \$12,000

In the Diocese of Qu'Appelle, St. John the Evangelist in Fort Qu'Appelle has been awarded \$12,000 to address urgent roof repairs.

The project will help protect the church building from ongoing weather exposure, safeguarding a space

that serves as a spiritual home and a gathering place for the wider community.

In Prairie climates where freeze-thaw cycles and heavy snowfall accelerate wear, roof integrity is not cosmetic — it is mission-critical.

This grant ensures that worship, pastoral care, and community programming can continue uninterrupted.

Parish of Birch Hills — \$4,500

In the Diocese of Saskatchewan, the Parish of Birch Hills has received \$4,500 to replace shingles at Holy Trinity.

For small rural congregations, preventative maintenance is often deferred out of necessity. This investment helps stabilize the building envelope and prevents

more costly structural damage in the future.

By addressing roofing needs now, the parish is taking a proactive step toward long-term sustainability.

St. Alban's Cathedral, Prince Albert — \$5,000

Also in the Diocese of Saskatchewan, St. Alban's Cathedral in Prince Albert has **Continued on page 3**

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One faith with differing styles

By the Right Rev. Chad McCharles Bishop of Saskatoon

During my recent episcopal visit to St. James, Endeavour, I was struck, quite unexpectedly and quite deeply, by a beautiful set of painted Stations of the Cross. They were reverent without being ornate, prayerful without being precious.

I found myself lingering at each station, grateful for the way art can slow us down and invite us again into the mystery at the heart of our faith.

Although I was raised in a parish that referred to our priests as “Father” and was complete with a rood screen and eastward-facing altar, the Stations of the Cross were not a part of the “Anglicanism” I grew up with.

It was not until seminary that I discovered this venerable and ancient tradition was very much a part of the worship and architecture of the Anglican Church.

The Stations of the Cross follow in Jesus’ footsteps from Pontius



Pilate’s praetorium to the tomb. In the 16th century, this pathway was officially entitled the “Via Dolorosa” (Sorrowful Way) or simply Way of the Cross.

In 1462, an English pilgrim named William Wey visited the Holy Land and is credited with the term “stations.” Before this time, the path

usually followed the reverse course of ours today: moving from Mount Calvary to Pilate’s house.

At the time of Wey, the reverse, going from Pilate’s house to Calvary, seems to have taken hold.

What moved me most about the Stations in the Endeavour parish was not only the artistry, but what the Stations represent within our Anglican life.

For some, the Stations of the Cross feel very “high church or Catholic,” perhaps even unfamiliar. For others, they are a beloved devotional practice, grounded in Scripture, silence and embodied prayer.

Our Anglican tradition has never been about enforcing a single expression of worship. Rather, it has sought to hold together reverence and accessibility, beauty and simplicity, word and sacrament.

In one parish we may encounter chanted liturgy and incense; in another, spoken prayer and a kitchen table Eucharist.

Neither is more faithful than the other. Both, when offered with care and prayer, draw us closer to Christ.

Any Anglican who has travelled and had the joy of worshipping in an Anglican Church that is not their home parish knows that, although these differences exist and are indeed integral to our identity, so too is the sense of familiarity we encounter in Anglican churches the world over.

Herein lies a paradox that further emphasizes the richness of what it means to be Anglican.

In every Anglican church in the world, you will find an altar and a font. The placement of the altar and font will vary greatly from church to church.

We hold dear commonalities while still being able to celebrate differences.

Standing there at St. James, Endeavour, I was reminded how Anglicanism, at its best, makes generous room for both experiences and for everything in between.

The Stations at St. James, Endeavour did exactly that. They told the story of Jesus’ passion in a way that was grounded, human, and quietly powerful. They reminded me that theology is not only something we say; it is something we walk, something we see, something we carry in our bodies and hearts.

I give thanks for every one of our parishes and for the faithful creativity they represent in sacred space and worship.

May we continue across the Church to cherish the wide, gracious space of Anglican worship and common life, where many paths meet at the foot of the same cross, and where Christ continues to meet us, exactly where we are.

... AFC grants strengthen the Church's foundations

Continued from page 1 received \$5,000 to improve roof insulation. This project will enhance energy efficiency, reduce operating costs and improve comfort for worshippers and community groups who rely on the cathedral space.

In a northern Prairie context, proper insulation is both an

environmental and financial stewardship measure — reducing heat loss during long winters and lowering strain on parish budgets.

Strengthening the Church's foundations

Together, these Saskatchewan grants reflect AFC’s commitment to

sustaining the physical infrastructure that undergirds ministry.

While less visible than programmatic initiatives, building projects like these ensure that congregations can continue gathering, serving, and witnessing in their communities.

These awards form part of AFC’s \$175,500 Q1 2026 grants cycle,

approved by the Board of Directors on Feb. 19.

“This grant cycle demonstrated the breadth of ministry happening across our Church,” said Dr. Scott Brubacher, executive director of AFC.

“These projects embody faithful, practical responses to real needs in communities from coast

to coast to coast.”

Made possible through the faithful generosity of AFC members nationwide, these grants strengthen Anglican ministry in rural towns, urban centres, and northern communities alike — ensuring that parishes remain resilient, welcoming, and equipped for the future.

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DIOCESE OF SASKATCHEWAN

Annual lay readers' renewal lunch and service on May 2

■ The Diocese of Saskatchewan's annual Lay Readers Renewal Luncheon and Service will be held at St. Alban's Cathedral on Saturday, May 2, beginning at noon in the upper hall.

All Lay Readers are invited to attend lunch at noon and vest for the service in St. Alban's Cathedral, which starts at 2 p.m.

■ 2026 Cycle of Prayer Guides are available at the synod office and on

the website.

■ March 27-29 is the Lenten Youth Retreat for youths aged 13-18 years.

The diocese has many opportunities for youths. There are youth groups in several communities, including Prince Albert, Christopher Lake, and Birch Hills.

In addition, there are four youth retreats that happen throughout each year, and Camp Okema in the summer.

To stay up to date with

all the youth ministry opportunities in the diocese, sign-up for the mailing list at www.skdiocese.com. Or, contact Rev. Brody, the diocesan youth minister, at brody@skdiocese.com.

■ Condolences to the family of Amelia Beatty-Hunt, who died in February. Amelia was a member of Holy Trinity Church in Prince Albert, a student of the James Settee College and an elder on Indigenous

committees.

The James Settee College is independent of the Diocese of Saskatchewan but trains the majority of its indigenous clergy.

The college was founded in 1997 but is only the most recent venture in ordination training in our Diocese's history. In 1879, Emmanuel College was opened by Bishop McLean in Prince Albert.

The first priority was the development of native teachers and clergy. The

College taught Theology, Cree composition and grammar, and English.

The College was closed in 1908 and reopened in Saskatoon in 1909 but without the same emphasis on training Cree candidates.

Another theological venture, also named after James Settee, operated from 1983 to 1986.

The Rev. James Settee was an early Cree catechist and missionary in the diocese beginning in the 1820s.

DIOCESE OF SASKATOON EVENTS

Announcements for April 2026

■ **Ways of getting the Saskatchewan Anglican online!** Did you know that you can also read current and past issues of the Saskatchewan Anglican online on the Diocese of Saskatoon website at www.anglicandiocesesaskatoon.com/saskanglican, or on Facebook at www.facebook.com/saskatchewananglican, or on ISSUU.com and, the Saskatchewan Anglican is now available on the Anglican News Network at <https://saskanglican.anglicannews.ca/>.

You can also look at news from other dioceses across the country on the Anglican News Network.

■ **Cathedral Restoration Project:** With the scaffolding now down, you can see the brick repointing and terracotta restoration that has been completed on the south and west faces of the Cathedral of St. John the Evangelist in Saskatoon. "Buy a Brick ... or a Bundle" continues as the parish raises the funds to complete this stage of the Cathedral Restoration Project. Donations of any amount are gratefully received with tax receipts issued at year-end. Thank you for your continued support.

■ **Solstice Fund-raiser:** Also in support of the Cathedral Restoration Project, a benefit concert called "A Little Gospel with Solstice" will be held at St. John's Cathedral on Thursday, April 23 at 7:30 p.m. Tickets are \$30 and may be purchased/reserved online at Eventbrite or call 306-242-5146.

■ **Christ Church Anglican, Saskatoon:** Celtic Eucharist, Tuesdays at 7:00 p.m.; Mid Week Mid Day Prayer, Wednesdays at 12:15 in the Chapel; Bible Study, Wednesdays at 1:00 p.m.; Community Free Supper, 5:00 to 7:00 p.m., (once per month, usually third Tuesday of the month, check church Facebook page or web page for dates and times).

Further, there is Community Coffee House, every Friday, 10 a.m. to noon; Nutflakes Videos (video lending library), Fri. and Sat. 11 a.m. to 2 p.m.; Free Bread Program, Friday mornings, 10 a.m. to noon; Men's Shed meetings, Thursdays at 7 p.m.; it is now at the new Men's Shed location. Check the parish Facebook page or call for the location.

■ **St. Stephen's, Saskatoon:** *Book of Common Prayer* Eucharist Services are offered at St. Stephen's, Saskatoon, 10 Gravenor Cres., the second and fourth Wednesdays of each month from noon to 1 p.m.

■ **Courses at the Refinery:** The Refinery at Emmanuel Anglican Parish, Saskatoon, 607 Dufferin Ave., is offering a series of courses on a variety of subjects; last spring these subjects included painting and various other art media, with "The Painting Table" Zumba, and a number of spiritual and meditative modalities.

The Painting Table will be offered on Wednesdays until May 2026 from 7:00 to 8:30 p.m. For more information on the various

courses that will be offered or to register, please contact the Refinery at www.emmanuelrefinery.org or 306-653-3549.

■ **Emmanuel Anglican Parish, Saskatoon:** Emmanuel Parish, 607 Dufferin Ave., is offering a Taize/Contemplative Prayer Service the last Tuesday of each month from 7:30 p.m. to 8:30 p.m.

■ **St. Benedict's Chapter Meetings at All Saints', Saskatoon:** The Canon Communities of St. Benedict (OSBCn) provide a contemporary Anglican framework for the living out of Benedictine Christianity. It is, in part, a recovery of the English tradition of canon communities that flourished before the English Reformation but is also an adaptation of St. Benedict's Rule suitable for Christian living in today's world.

The Brothers and Sisters interested in forming a community in Saskatoon for monthly study of the Rule of St. Benedict and a Service of Compline meet in chapter with Bishop Chad, the third Tuesday of each month, from September through May, at All Saint's Anglican Centre in Saskatoon.

They also worship together and come together spiritually several times a day in prayer by praying the Daily Office. All are most welcome to attend. For more information, contact Bishop Chad at bishopchad@sasktel.net www.benedictinecanons.org.

■ **Part-time Administrator Position needed at Emmanuel Angli-**

can Parish, Saskatoon: Emmanuel Anglican Church is searching for a part-time administrator to support its ministry, including community programming offered through the Refinery. The ideal candidate needs to have exceptional interpersonal skills with ability to build relationships and community. It is essential that our staff have values that align with the mission, purpose and values of Emmanuel and the Refinery. The administrator will work in a timely and efficient manner with volunteers, treasurer, staff and the priest, within a growing and dynamic parish and community setting. Primary competencies include the areas of communication, financial processes, worship coordination, and office management.

This position is available for an immediate start and compensation will be based on experience. Contact pastor@emmanuelrefinery.org to apply or for more information. Further information can be found on at emmanuelrefinery.org.

■ **Hospital Chaplaincy:** A friendly reminder to all Anglicans who find themselves being admitted to any hospital in Saskatchewan. Upon being admitted you are supposed to be asked if you wish to be identified according to your denominational affiliation.

Up until recently, this information was permanently kept on your personal hospital record. But due to changes with the SHA, this is no longer so. Unless this information is

registered every time you are admitted, the local hospital chaplaincy may not know that you are in hospital.

Of course, you can ask your nurse or family to contact your local chaplain at any time; that is the surest way to get a visit during your stay in hospital.

With the resignation of the Venerable Dan Hughes, who had served as Hospital Chaplain for a number of years, a team of clergy and lay-pastoral visitors will carry out these duties for the near future until a new Hospital Chaplain is appointed.

To reach the Anglican Hospital Chaplain call or text 1-639-470-7732.

■ **A Chrism Mass and Renewal of Priestly Vows** will be held on Sunday, March 31, at 11 a.m., at St. John's Cathedral.

■ **Diaconal Ordinations** will be held at 2 p.m., on May 30, 2026, at St. John's Cathedral.

■ **Diocesan Synod:** The next synod will be held on Saturday, Oct. 24, with the location TBA.

■ To be included in a timely manner, notices should be supplied to the associate editor by fax, email or "snail mail" by the end of the month, one month before the month in which the insertion is desired (i.e. February entries will be in the April issue).

Detailed and longer texts will not be included here, but should space allow, could be the subject of articles and notices elsewhere in the *Saskatchewan Anglican*.



Anglican visitors gather for a photo during the pancake breakfast at Holy Rosary Cathedral, Regina. From left are Dave Hedlund, Marilyn Hedlund, Helen Jackson, Menim Osohima, Janet Craig,

Margaret Nicholls and Carol Marz. Deacon Susan Haacke also attended the service during the Week of Prayer for Christian Unity. Photo contributed

Two Regina cathedrals pursue ecumenical exchanges

By Janet Craig

REGINA — Across the world, the Week of Prayer for Christian Unity was observed Jan. 18 to 25.

St. Paul's Anglican Cathedral and Holy Rosary Roman Catholic Cathedral resumed their

long-standing tradition of parishioners from each parish attending each other's services and exchanging readers for the daily Scriptures.

Eight members of St. Paul attended Holy Rosary on Jan. 18. Dave Hedlund and Janet Craig were the

readers. Menim Osohima was invited to join the Holy Rosary choir for the occasion.

The Knights of Columbus hosted a pancake breakfast following the service, providing an opportunity for fellowship around

the tables, the exchange of ideas and good conversation.

On Jan. 25, St. Paul's congregation celebrated their patronal festival and welcomed a delegation from Holy Rosary.

Brad Hanowski and Shannon Hengen read

the lessons. Dean Mike Sinclair presided at the service, and Rev. Dr. Jonathan Bauer preached.

Refreshments followed in Bagnall Hall, and visitors commented on the warm welcome they felt from the parishioners at St. Paul.

Feeling the Holy Spirit

Easter breath

By Rev. Gene Packwood



Alleluia! We're in the season that defines our Christian faith. The season in which God, the Father of our Lord Jesus Christ, raised Him from the dead in the power of the Holy Spirit. The LORD is Risen!! He is Risen, indeed!!!

As usual, as an Anglican Renewal Ministries Canada representative, I'd like to draw your attention to the presence and actions of the Holy Spirit in this season, as we will, or already have, heard — depending on when you read this — in the Sunday Scripture readings.

On the Sunday of the Resurrection, Easter Sunday, if we were worshipping according to *The Book of Alternative Services*, in the reading from Acts, we heard, how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the



devil, for God was with him.

We are witnesses to all that he did both in Judea and in Jerusalem.

They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead.

He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name (Acts 10:38-43).

of Jesus, we are anointed and called to follow His example by going about doing good and praying that all who are oppressed by the devil would be healed because, by virtue of our faith and our baptism and by the power of the Holy Spirit, God is with us, also.

Not only that, just as Peter and the other disciples were witnesses to the Resurrection and all that Jesus did in their day, God also ordained that you and I should exist at this time to witness, preach and testify today.

If your worship is according to *The Book of Common Prayer*, on April 12, "The Octave Day of Easter being the Sunday

Jesus was anointed with Holy Spirit power at His baptism. So were we who are baptized.

Thus, as followers

after Easter Sunday," the Epistle is 1 John, Chapter 5, wherein we are told "it is the Spirit that beareth witness," or testifies, "because the Spirit is truth" (BCP, p190; 1 John 5:6) or the truth — the truth being that Jesus is the Son of God and the faith of those who believe in Him will give them "the victory that overcometh," or conquers, "the world" (BCP, p190; 1 John 5:5).

This is because, ultimately, "the truth is in Jesus" (Eph. 4.21): This is the great Eastertide narrative of Redemption, Resurrection and Salvation for which we have been commissioned as witnesses.

The Gospel for that same Sunday is John's account of the Risen Jesus miraculously appearing to the frightened disciples huddled in a locked room, saying, "Peace be unto you," showing them His hands and side and saying, "As my Father hath sent me, even so send I you. And when he had said this, he breathed on them, and saith unto them, Receive the Holy

Ghost" (BCP, p191). And they did. Sent and breathed upon by the Risen Jesus Himself. The Holy-Spirit-filling breath of Jesus was also breathed on us when we were baptized and confirmed.

We are the witnesses sent to be the actors in and tellers of the Salvation Story for our time in the power of the Holy Spirit of Truth.

In Eastertide, we are exposed to the very breath of Jesus and the Holy Spirit's empowering and impelling presence in both prayer books! So, some Eastertide homework:

- What good things might the Holy Spirit be calling me to do right now?
- For whom is the Holy Spirit calling me to pray for healing?
- How might the Holy Spirit be calling me to witness, to tell and act out the story of the Resurrection and all that Jesus did?

The LORD is Risen! He is Risen, indeed, Alleluia.



The newly ordained Rev. Matthew Hoskin (centre) is presented to the congregation during his ordination service. To the right is Archdeacon Andy Hoskin, Matthew's father; Matthew's brother, Archdeacon Jonathon is present but not pictured. Photo courtesy Sarah Groat

Matthew Hoskin ordained to the priesthood in P.A.

By Mary Brown

PRINCE ALBERT — Matthew Hoskin graduated from Thunder Bay high school and went to the University of Ottawa, where he met Jennie. They moved to Toronto, where he received his master's at the University of Toronto.

They then moved to Edinburgh, Scotland, where Matthew got his master's in theology in history and his Ph.D in Church History.

Then it was on to Rome for a year at the British school. He spent a lot of time in the Vatican library as a Latin scholar. They then went back to Scotland, where he taught at the University of Edinburgh.

After that, he worked with a special team doing work at the University of Durham in England, and then they travelled back to Canada to Vancouver and finally Thunder Bay to work.

You could say God finally caught up to him in Thunder Bay, where Hoskin perceived a calling to the ministry and Saskatchewan.

When Hoskin got to Saskatchewan in September, he was ordained as a deacon in October, and on Feb. 28, he was ordained to the



The Hoskin family gathers after the ordination service. From left are son Rev. Matthew, father Executive Archdeacon Andy (retired) and son Archdeacon Jonathon. Photo by Mary Brown

priesthood in St. David's Church.

All his family came to the ordination, including his older sister from Langman, his brother from Calgary and his older brother, Archdeacon Jonathon Hoskin, from the Diocese of Brandon, who preached the sermon.

The archdeacon began his sermon by admitting that he had never preached at an ordination and that the task is multifaceted: a lesson on the nature of the Anglican priesthood and a lesson

on the theological bases undergirding professional Christian ministry.

He opted to speak on the pragmatic reality of ordained ministry, realizing he knew better than to try to lecture his younger brother on theological matters!

Referring to the epistle reading from St. Paul's letter to the Ephesians, Hoskin said that the institution of captivity itself has been taken under Christ Jesus' control. It is now His captive — so that His people can be

free from the realities of having been captives of Satan, temptation, sin, and death.

Our realities apart from Christ are the captivities to self-love, pride and ego; to dependence on other creatures, even bearers of God's image, rather than to the Creator; to determinism, in all of its many forms.

As we know freedom from captivity, we begin to realize the depths and wonders of Christ's gifts to us: some have been divinely appointed to be apostles, some to be prophets, some evangelists, pastors, teachers ... , the archdeacon said.

These are God-ordained gifts that cannot be actualized in our lives while we remain in captivity — but if the Son has set us free, then we are free indeed: free to fulfill God's purpose, which is not for our own sake, but for the sake of the community — the building up of all of us to be mature disciples.

Jesus' image of Himself as the good shepherd is the other picture for us to consider today. Now, it is not the case that the parish priest is the hired hand, who runs away when the wolf comes (according to Jesus' picture).

The old comparison of

the clerical role against the laity was that the clergy are paid to be good, while the rest of the Christians are good for nothing.

The priest is not a hired hand under Jesus, but is invited to share Jesus' work among this community. In their family, Matthew was the golden child; the other brothers got hand-me-downs of their sisters that were not that great!

The archdeacon went on to say to the congregation now Matthew is yours and you are his. The ordained minister is a catalyst for the growth of the congregation in Christlikeness, embodying the care of Christ for the community toward maturity.

The Anglican priest is charged with bridging the span between the sacred and the secular — not to prevent the intermingling of the two, but to dissolve the false divisions between the sacred and the ordinary.

In closing, the archdeacon stressed that the most important thing is to pray, to guard Matthew's time for prayer, for he cannot do this alone. He needs to pray to be in close contact with the One who has his strength. Make sure he gets to pray and pray for him.

Coldest Night of the Year event was a team effort

By Archdeacon Michael Stonhouse

LLOYDMINSTER (S'toon) — Sometimes we don't have to look for mission or mission opportunities. Sometimes it — or they — find you.

That has been the case for St. John's Minster in downtown Lloydminster. Being smack dab in the inner city has created its own mission opportunity. In fact, it has given rise to the church's motto, "Downtown to Serve."

Our latest and present endeavour is a two-church partnership with the city's Men's Shelter.

We, St. John's Anglican and St. Saviour's Anglican, decided to field a team together for the Shelter's annual Coldest Night of the Year fundraising walk, held on Feb. 28.

We recruited 11 walkers and raised \$3,060 for this important cause — which was 204 per cent of our stated goal. There is still money coming in, so this total isn't final.

The Men's Shelter, which opened in 2008, is facing real challenges. First, lack of space. It is in an overly crowded building, formerly a funeral home and before that, a creamery.

It can only accommodate 28 men in a very cramped bunk-bed dormitory. And what is perhaps even worse is that the lack of space limits the programming the Shelter can offer.

The intention of the Shelter is to provide wraparound services to the men so they can move



Those involved in the Lloydminster Coldest Night Walk from the "AngliCan 2" team from St. Saviour's and St. John's were, from left, Sharon Stobbs, Carol Harbin, Leona Kidd, Ethel Sweezey, Alan Gould, and Michael Stonhouse. Walkers missing included

Gail Sawchyn and Titi Soboyejo. Team members who didn't walk include Greg Finch, Ray Rogers and Florence Harper; the first two walked before walk-night, and the latter declined due to slippery conditions. Photo by Archdeacon Michael Stonhouse

on with their lives. This may include housing, job training, addictions and mental health counselling, and much more.

Our second problem flows from the first; not only that the shelter is limited in the number of men it can accommodate and serve, but also that it cannot offer the same help to women.

There is a shelter in the city for women escaping family violence, but its capacity is very limited.

As a result, there are often women as well as men who are out on the street with nowhere to go.

By the way, many of them, men and women, "encamp" around St. John's Church itself, often making for unsafe and unhealthy situations.

St. John's has a long history of involvement with such causes. We have operated a lunch-hour soup kitchen for over 30 years and hosted a warm-up shelter during

the worst of the COVID-19 outbreak.

My own involvement came shortly after my arrival in the city, when I discovered people sleeping rough around the church. Upon inquiring further, I discovered that this was but one instance of a larger and more prevalent problem in our city, and I was soon recruited to serve on the board of the Shelter, where I was president for some 12 to 14 years, and even served as

acting executive director during interregnums.

We are proud — the people of St. John's, Anglican Church of Canada, and St. Saviour's, Anglican Diocese of Canada — to be able to make up our "AngliCan 2" team and help in this needed work even in such a modest way.

Archdeacon Michael Stonhouse (retired) is the honorary assistant at St. John's Minster, Lloydminster.



Shrove Tuesday tradition continues in Regina

Susan MacPhail takes a break for a moment on Shrove Tuesday at Immanuel Church, Regina. Men of the parish organized the traditional pancake supper, but women also helped. Bill Dodge is working in the background. Photo by Nigel Salway



After leading worship for the teens at the Diocesan Youth Event in February, Bishop Helen Kennedy (background) joined in tie-dyeing a T-shirt. Photos by Kate Berringer



Eleanor French demonstrates how to make an alcohol-free cocktail at the Diocesan Youth Event at St. Paul's Cathedral.

Youth-focused event tackles tie-dyed shirts, religion in music, making mock-tails

By Laura French

REGINA — Teens met at St. Paul's Cathedral for a Diocesan Youth Event (DYE) on Feb. 7.

They began the afternoon by worshipping with the bishop, before tie-dyeing T-shirts.

Other activities included a discussion of religious imagery in popular music and a mocktail-making workshop led by one of the teens, Eleanor French.



Ingredients for teens to create mocktails.



A mocktail crafted at the DYE in February.



Clergy quiet day held in Saskatoon

On Feb. 24, most of the clergy in the Diocese of Saskatoon meet at the new Diocesan Centre (the former All Saints’ Anglican Church) for a Clergy Quiet Day. The theme for the day was Centring Prayer. The sessions were led by Ana Gheysen (to the right of Bishop Chad) and using the text of Thomas Keating’s book

“Intimacy with God: An Introduction to Centering Prayer.” The day included a collegial lunch, a BCP Morning Prayer Service, a BAS Eucharist Service and several times for meditation and centring prayer.

Photo by Rev. Peter Coolen

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Todd Lumbard
President

Part-time admin position needed at Emmanuel Parish in Saskatoon

Submitted

SASKATOON — Emmanuel Anglican Church is searching for a part-time administrator to support its ministry, including community programming offered through the Refinery.

The ideal candidate needs to have exceptional interpersonal skills with the ability to build relationships and community.

It is essential that our employees have values that align with the mission, purpose and values of Emmanuel and the Refinery.

The administrator will work in a timely and efficient manner

with volunteers, the treasurer, staff and priest, within a growing and dynamic parish and community setting. Primary competencies include communication, financial processes, worship coordination, and office management.

This position is available for an immediate start, while compensation will be based on experience.

Contact pastor@emmanuelrefinery.org to apply or for more information. Further information can be found on their website at emmanuelrefinery.org.

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Leader of Mothers' Union on the run — for a good cause

By Gisele McKnight

FREDERICTON, N.B. — Mothers' Union worldwide president Kathleen Snow takes her role seriously.

The Christ Church Cathedral parishioner wanted to do something to mark the 150th anniversary of Mothers' Union.

"We were talking about incorporating challenges into the 150th anniversary," she said. "I felt, since I'm the worldwide president, I should do something."

In Britain and Ireland, the push is on to increase numbers by 150 members per diocese. A past worldwide president, Trish Heywood, and her husband are holding 15 lunches for people not familiar with MU.

Another past worldwide president, Lynn Tembey, plans to travel east to west in England, a total of 330 miles, to encourage the



Kathleen Snow (second from left) with members of Mothers' Union in Bahrain, at St. Christopher's Cathedral, during her February visit. Photos by Kathleen Snow

MU family and friends.

So Kathleen decided to combine two of her great loves: MU and running.

The 68-year-old has

been running since just after her youngest child, now 38, was born — coincidentally the same number of years she's

been an MU member.

THE RUNNING BEGINS

In fact, Kathleen has already begun her MU anniversary project of running fifteen 10K runs in 15 different dioceses. She launched this endeavour with her husband, Tim, on Jan. 22 on the Nashwaak Trail in Fredericton.

She was joined for part of the run by two local MU members: Sheila Staples of All Saints, Marysville and Michele LeBlanc of the Cathedral branch.

The second run took place in Bahrain in early February. She had been invited to attend the celebratory jubilee synod of the Diocese of Cyprus and the Gulf.

"It was an opportunity for me to have another run," she said.

While in Bahrain, she met with MU members and enrolled two new ones, bringing the total number at St. Christopher's Cathedral to 30. There has been growth there, as the branch opened in 2023.

While attending synod, she met a Sikh man who used to run marathons, though not for many years.

But Darshan Singh was by her side during the Bahrain run. Joining them were Sara Axtell, her host during the visit, plus Anthony Pearlman, who works in communications for the Diocese of Cyprus and the Gulf.

The four chose to run laps around a fort on the Persian Gulf coast, all while people rode horses in the area, women in burkas cheered her on and 20 people from the synod and MU clapped as they ran.

An MU member found a

finish line pennant which Kathleen ran through at the end, adding to the merriment.

Then Darshan offered one of his marathon medals, which was hung on her neck. And five-year-old Gianna, the daughter of a MU branch leader, was at the finish line saying, 'Well done, Kathleen!'

It was quite the spectacle, she said.

The third run took place just a few days after she left Bahrain, this time in London. She calculated a 10K run takes her about 70 minutes, so she mapped out her route, running within the confines of the Diocese of London, meaning staying on the north side of the Thames.

She began at Mary Sumner House, the international headquarters of MU.

"I put my hand on the door and prayed," she said, adding she ran towards Buckingham Palace, then circuits around several parks, including St. James, returning to Mary Sumner House just as staff were starting their workday.

"It was perfect timing," she said. "The staff were all out cheering me on when I came around the corner!"

MORE RUNS PLANNED

Run number four took place in late March, during her visit to the UK for the installation of the new Archbishop of Canterbury. Kathleen planned to run in the Diocese of Southwark, which is on the south side of the Thames in London.

For the full story, visit www.nb.anglican.ca/news/mu-s-worldwide-president-is-on-the-run-for-a-cause

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Anglicans from the Diocese of Saskatchewan gather for their annual Shrove Tuesday supper. Photos by Candace Constant



Supper attendees pick up plates laden with pancakes, sausages, syrup and other condiments.

Shrove Tuesday suppers build community in smaller parishes

By Mary Brown

PRINCE ALBERT — In the past, I am sure every parish in the diocese would have had a Shrove Tuesday pancake supper the day before Ash Wednesday, just as there would always be an Easter and Christmas celebration.

According to Google, the word Shrove is derived from the word Shriving. Shriving was a ritual of penitence that medieval Christians practiced.

To shrive someone, in old-fashioned English — he strives, he shrove or he has shriven — is to hear his acknowledgement of his sins, to assure him of God's forgiveness, and to give him appropriate spiritual advice.

The week preceding the Lenten holidays, symbolic of the 40 days Jesus spent fasting in the wilderness, was traditionally spent cleansing the soul from sin through confession and absolution.

In approximately 1445, Christians held these shrove suppers. It symbolizes a way to use up rich foods such as eggs, milk, sugar, etc., before the fasting season of Lent, which explains the practice of giving up something, maybe chocolate, for Lent.

Did you know that Sundays do not count in your Lenten discipline because it is a feast day to celebrate the resurrection? Another reason is a matter of arithmetic. We honour the 40 days Jesus spent in the wilderness praying and fasting, and if you count 40 from Ash Wednesday to Easter, you have to skip



Volunteers prepare pancakes.

the Sundays.

For over 20 years, St. David's and St. Alban's churches have shared the iconic Shrove Tuesday meal of pancakes and sausages. Before then, each church was having its own supper and then they decided to do something together.

For a while, they would alternate between churches, but for the last 10 years, St. David's has hosted the event. Members from each church share the work of flipping pancakes and cooking sausages.

All the profits have always been given to the Bishop MacAllister College in Uganda. Over the years, they have helped build classrooms and music rooms.

Up until this year, one of the parishioners at St. David's always bought the sausages. Unfortunately, he died last year. However, on the menu this year

were strawberries, cherry preserves, ice cream, real maple syrup and pancakes and sausages.

Because of the snowstorm, the attendance was down this year, but after expenses, they still had \$70 to send to the college.

Stewart Adams reports from Birch Hills

The pancake flippers were ready and the sausages cooked at St. Mary's, Birch Hills, for their annual Shrove Tuesday Pancake supper. The blizzard blew in at about 3 p.m., which affected our attendance, but those who braved the snow and wind were well fed.

Sausages, pancakes, fruit and fellowship were enjoyed by all in attendance! The maple syrup bottle was emptied. With the Ash Wednesday service that was held at the Christ Alone Lutheran



A plate filled with traditional Shrove Tuesday fare.

Church in Birch Hills, the service was organized by the Birch Hills Ministerial and the Anglican, Catholic and Lutheran congregations.

Attendance was reduced due to the winter storm that was experienced; however, 20 faithful attended and participated in the service.

St. Patrick's in Hudson Bay decided to discontinue their pancake suppers. One reason is that they only have two men who can help!

Another explanation is that every first Sunday of the month, the Elks put on a pancake breakfast. Among the 10 churches in Hudson Bay, the United Church hosted the event this year.

All Saints Church in Melfort has opted to have a pancake meal, in lieu of Shrove Tuesday, on the following Sunday. In Tisdale, 12 people attended their Shrove Tuesday

supper of pancakes and ham.

Also, in the Church of the Ascension in Arborfield, there were 20 people enjoying pancakes and sausages.

Many communities have an active ministerial association, while Lent is a time for everyone to come together.

One of the traditional events is the Lenten lunches. In most smaller towns, each church will take a turn to host a free-will offering lunch of soup and sandwiches or buns throughout the Lenten season.

Usually, the priest responsible for the church will do a short inspirational talk.

It is heartening to know that things don't always change, to know that for many years churches have had their Shrove Tuesday meals, their Ash Wednesday services and their Lenten lunches.

Archbishop of Jerusalem and Middle East discusses Iran war

By AnglicanNews.org

JERUSALEM — The Most Rev. Hosam Naoum, Anglican Archbishop in Jerusalem and Primate of the Episcopal Church in Jerusalem and the Middle East, has shared a pastoral letter following on from the news of the escalating conflict in the Middle East.

Dear Beloved Brothers and Sisters in Christ,

As you are all now painfully aware, in the early hours of this morning, Feb. 28, a coordinated and massive military assault was launched by the United States and Israel against numerous cities and installations within Iran.

This operation, described by the leaders of the two nations as a 'pre-emptive' attack, has brought fire and destruction to the heart of Tehran, Isfahan, and beyond, striking at the very centers of governance and civilian life.

Moreover, just prior to these events, Israel had also 'pre-emptively' attacked various targets in southern Lebanon, where the number of casualties has yet to be determined.

Tragically, the cycle



The Most Rev. Hosam Naoum, Archbishop in Jerusalem and Primate of the Episcopal Church in Jerusalem and the Middle East. Photo by Neil Turner

of violence has expanded with terrifying speed. In the hours following, Iran launched a widespread reprisal, with missiles and drones targeting Israel and U.S. military assets across the Gulf—striking installations in Kuwait, Bahrain, the United Arab Emirates, Kurdistan-Iraq, Jordan, and Qatar.

Sirens also blared across the Holy Land, warning of incoming missiles from Iran. Suddenly, our people from the Mediterranean to the Persian Gulf find

themselves once again huddled in shelters, fearing for their lives as the shadow of a total regional war looms over us.

These developments strike at the very soul of our Province of Jerusalem & the Middle East. Every single nation now engaged in this combat, and those bearing the brunt of the retaliatory strikes, resides within our ecclesiastical boundaries.

Our brothers and sisters in the Diocese of Iran are currently

enduring the terror of aerial bombardment; our members in the Diocese of Cyprus & the Gulf are witnessing the arrival of war at their doorsteps; and our faithful in the Diocese of Jerusalem—extending across Israel, Palestine, Jordan, Lebanon, and Syria—face an unprecedented threat of military escalation.

In the face of such overwhelming force, we recall the words of our Lord Jesus Christ: 'Blessed are the peacemakers, for they will be called children of God' (Matt 5:9). Today, that calling feels heavier than ever before.

When the 'spirit of fear' threatens to consume our hearts, we must anchor ourselves in the 'spirit of power, and of love, and of a sound mind' (2 Tim 1:7).

First, I call upon the global Church to join us in urgent, unceasing prayer. We implore God to protect the innocent—the mothers, the children, and the elderly—who are caught in the crossfire of this 'Operation Epic Fury' and the subsequent 'crushing responses.'

We pray specifically for a 'sound mind' for the leaders of the United States, Israel, and Iran, that they might recognize the futility of this

bloodshed and turn back from the precipice of a global catastrophe.

Second, we must offer each other the sanctuary of Christian love. I therefore urge our clergy and laity to be beacons of comfort.

In a time of 'regime change' rhetoric and military ultimatums, let our message be the unchanging promise of Christ's peace: to build each other up (1 Cor 8:1), for our hope is not in the strength of armadas or missile shields, but in the Prince of Peace.

Finally, we must remain 'Bridge Builders.' Even as diplomatic windows seem to slam shut, the Church must keep the doors of reconciliation open.

We refuse to see our neighbours as enemies, whether they be in Tehran, Tel Aviv, or the military bases of the Gulf. I extend an urgent invitation to the wider Anglican Communion and all people of goodwill: Intercede for us now.

The hour is late, and the danger is great. We remain "battered and bruised, but not defeated."

May the peace of God, which passes all understanding, guard our hearts and minds in Christ Jesus.

The Companions Program September 2026 – June 2027

The residential Companions program is an immersive opportunity to experience a contemporary monastic community rooted in the Benedictine tradition. It is open to women aged 21 and up regardless of Christian denomination.

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- ✂ Put down deep roots of spiritual intimacy with God and each other
- ✂ Develop a personal path to ongoing spiritual growth



Application start & end (both programs):
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Residential Companions: sugg. \$150/month.

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If cost is a hindrance, assistance is available.

Open to women of all Christian expressions, **Companions Online** is an opportunity to become "monastics in the world," living a Benedictine rhythm of prayer, work, study, and recreation. Online Companions learn to develop practices that support and nurture their spiritual life from the comfort of their homes.

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To learn more about either program, or to apply, email:

Canon Sr. Elizabeth Rolfe-Thomas, SSJD, at
companions@ssjd.ca, or phone St. John's Convent:
416-226-2201, ext. 304

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